

GROCERY CHECKLIST

BULDING & OPERATIONS

- Windows are double paned and outdoor entrances and all doors (including bay garage doors) have been draft-sealed
- Motion sensors installed in less busy areas and/or "Lights Off" signage posted at light switches
- 3. □ ≥ 90% of bulb lighting is LED and 100% of tube lighting is T5/T8 fluorescent or LED for the building lighting
- 4. □ ≥ 90% of bulb lighting is LED and 100% of tube lighting is T5/T8 fluorescent or LED for the refrigeration lighting
- All non-emergency lights are turned off when the building is unoccupied
- □ ≥ 75% of office equipment (monitors, printers, computers etc.) is ENERGY STAR® or TCO Certified
- □ ≥ 75% of appliances (excluding refrigeration units) used in store are ENERGY STAR* or TCO Certified (fryers, hot food cabinets, ice machines, ovens, dishwashers)
- 8. □ ≥ 75% of refrigerators/freezers are closed door models AND all open-faced units are covered when the store is closed
- All walk-in refrigerators have strip curtains that reach to the ground
- 10. Bi-annual inspections and maintenance of refrigeration systems are conducted to check seals, refrigerant leaks, compressors, etc. are completed AND inspections/refrigerant top-ups are recorded in a logbook
- 11. □ ≥ 50% of refrigeration systems are low-GWP systems & ≥ 50% of stand-alone fridges us natural or low-GWP refrigerants
- 12. All bathroom sink stations have efficient hand dryers installed in place of paper towels and conventional dryers
- HVAC is maintained annually, and the air filter is changed at least twice per year
- □ All hot water pipes are insulated and hot water tanks are ENERGY STAR® qualified
- Building generates solar, wind, or geothermal power, or generates solar hot water AND/OR heat recapture system in place

WASTE

- Customer receipts are printed on BPA-free thermal paper AND/OR are emailed to customers
- At least 5/8 paperless systems are in place: flyers, picklists, stock lists, order forms, invoices, pay stubs, memos, utility bills
- 18. ☐ Reusable dishware is provided for staff use in place of disposable cups, plates, cutlery, etc.



- All food waste is diverted from landfill through food redistribution and donation, composting, and/or animal feed programs AND all soiled paper is composted
- 20. Significant efforts are made to reduce shrink numbers (wasted product) throughout the store
- 21. ☐ Meat trays are not made from Styrofoam and are made with easily recyclable/compostable materials (#1, #2, #5 plastics)
- 22.
 ☐ Efforts made to reduce soft plastics AND all soft plastics (shrink wrap, plastic bags, etc.) are recycled



- 23.

 Comprehensive recycling policies and practices are in place to ensure materials are being disposed of properly (clear signage, training for staff, bin accessibility, etc.)
- 24. ☐ Provide a customer recycling program for product packaging sold in store (soft plastics, foil lined bags, Styrofoam etc.)
- 25. ☐ Offers ≥5 services or products aimed at reducing single-use plastic waste that go beyond conventional practices and regulations (Avalon return program, beeswax wraps, reusable produce bags, reusable bulk container program, soda stream, etc.)
- **26.** □ Conducted a waste audit in the past 12 months

WATER

27. \square Tap water consumed rather than bottled water



- 28. ☐ All faucets employ ≤ 6.0 LpM aerators
- 29. □ All toilets and urinals are ≤ 6.0 LpF
- 30. ☐ Low-flow spray nozzles installed in dishwashing areas are ≤ 6.0 LpM
- 31.

 All refrigeration units and ice machines are air cooled
- 32. ☐ Dry cooling towers utilized in store instead of evaporative cooling towers OR no cooling towers
- 33. Efforts made to conserve water that go beyond common practice (ex. Water catchment, greywater recycling, reducing vehicle washing frequency, enhancing water efficiency practices, selecting an efficient wash system)

TRANSPORTATION

- 34. □ Designated bicycle parking is provided for staff and customers
- □ EV charging stations available onsite for staff and customer use
- 36. □ ≥ 50% of staff commute to work by bike, transit, carpooling, EV or walking
- 37. □ Subsidized bus passes or tickets are provided for staff
- 38. ☐ No Idling Policy in place for combustions engine vehicles without refrigeration and equipment (3 mins or less) posted publicly OR no combustion engines in fleet
- 39. □ Spill prevention kits on site and in vehicles and staff are trained to treat spills
- A portion of the fleet (≥ 1 vehicle) is a low-emission vehicle (EV, Hybrid, Biofuel)
- 41.

 All forklifts are electric AND/OR hand-powered jacks used

PURCHASING & PRODUCTS

- **42.** □ All major paper products have ≥ 50% post consumer recycled content OR made from 100% recycled content
- **43.** □ ≥ 75% of cleaning supplies are eco-friendly (including cleaning products used by commercial cleaners)
- 44. ☐ Sustainable Retail Purchasing Policy in place for all new equipment, appliances, furniture, paper products and cleaning supplies
- **45.** □ Store does not stock single-use plastic bags for staff or customers at checkout









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- **46.** □ Promotes local (BC) produce in store by having a local section and/or distinct signage
- **47.** □ ≥ 80% of fresh seafood purchased is Ocean Wise Certified OR no fresh seafood is offered



- 48. □ ≥ 25% of renovations and upgraded equipment is purchased used/repurposed
- 49. ☐ Staff uniforms are made with 100% natural OR at least 50% recycled materials

CLIMATE ACTION

- 50. Emissions are measured and reduction plans and targets are set, all are communicated to staff and public
- □ All emissions are offset (including air travel) by verified carbon credits

SOCIAL

- 52. □ ≥ 50% of employees volunteer in a community event or charitable activity on company time (≥ 1 day per year)
- 53. ☐ Annual donations made to local environmental or communityrelated charities and non-profits, at an amount of ≥ \$50 per fulltime employee
- 54. ☐ Environmental sustainability is incorporated into the hiring process, employee orientations, and training programs
- 55. ☐ Environmental values and actions are posted publicly online and on the premises
- 56. ☐ Company has taken meaningful action in alignment with Action #92 of the Truth & Reconciliation Commission Report OR is Indigenous-owned
- 57. ☐ Employee Health and Wellness Program in place
- 58.

 Employee traditional benefits package in place

ADDITIONAL ACTION

 Additional action- based on comparability to the actions listed above

PROGRAM ELIGIBILITY

Grocery: a retail outlet that sells primarily food products and has more than 4 large refrigerators

Eligible businesses must:

- Be a registered business, not-for-profit or charity. If you are a franchise, brand, division or subsidiary, the local manager must submit the application
- Be located in BC. If your organization has multiple locations, each will have to undergo the certification process individually

Reasons for ineligibility may include:

- If a business operates in any of the following industries: weapons, gas/oil/coal, or manufacturing of pesticides, synthetic fertilizers or plastics
- If your business is known to have a poor record in any of the following areas: product integrity, worker/labour abuse, environmental responsibility
- Home based business without significant separate business operations (mixed used facility with residential)

REQUIRED DOCUMENTATION

- **10.** Provide Logbook record detailing refrigerant maintenance and top-ups
- **39.** Display a 'No Idling' policy
- 47. Provide documentation on Sustainable Purchasing Policy
- **54.** Provide documentation of publicly available emissions measurement, reduction plans, and actions
- 55. Provide receipts for purchase of verified carbon credits
- 58. Provide relevant materials from employee manual

Additional Action Verifiers may award an extra point for an additional action your business has taken to reduce its environmental impact and/or positively impact the community.

LED = Light Emitting Diode, high-efficiency lighting

T5/T8 = High-efficiency models of fluorescent or LED lighting

EV = Electric Vehicle **LpM** = Litres per Minute

LpF = Litres per Flush

(Bold text) = Point requires documentation

= "Ocean Friendly Business" points for plastic reduction. Points 18, 22, 25, 28, 48 and 50 MUST be completed to become certified as an Ocean Friendly Business by Surfrider Foundation Canada

Note: this is only applicable in regions with active Surfrider Chapters

DEFINITIONS

Carbon Neutral refers to achieving a net zero level of carbon emissions by balancing the amount of carbon released from your organization's operations with an equivalent amount of carbon offsets. Carbon offsets are credits for emission reductions achieved by one party which are then purchased by another party that wants to reduce their carbon footprint or become carbon neutral.

Certified Organic products are food and fibres that are certified to be grown and processed without using synthetic fertilizers or pesticides. Products that claim to be organic must be certified by a certification body that has been accredited by the Canadian Food Inspection Agency (CFIA).

Eco-friendly Cleaners cause less harm to human health and the environment when compared to other competing products and services. Look for products that are biodegradable, pH balanced, $EcoLogo^{TM}$ Certified, Green $Seal^{TM}$ Certified, etc.

EcoLogoTM is an environmental standard and certification for products and services based in North America. EcoLogoTM provides assurance that products and services bearing meet stringent environmental standards and are verified by a third party auditor.

ENERGY STAR® is an international symbol that identifies products as the top efficiency performer in their category. ENERGY STAR® is a government/industry partnership that makes it easy for businesses and consumers to save money and protect the environment.

Green SealTM is an independent non-profit organization dedicated to safeguarding the environment by promoting the manufacture, purchase, and use of environmentally responsible products and services. Green SealTM ensures that products meet rigorous, science-based standards for human health and the environment.

Health and Wellness Programs recognize the importance of protecting and promoting employee health and wellness. Examples include point programs, yoga/meditation classes, physical activities, corporate lunch and learns, and wellness challenges.

High Efficiency Hand Dryers use less energy than conventional dryers. Green Seal™ Certified, ENERGY STAR® Certified or equivalent are considered as a high efficiency hand dryer.







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Low Emission Vehicle is a vehicle that has an average (city/highway) fuel efficiency rating of 35 miles per gallon (15 km per litre) or more.

Office Equipment includes fax machines, printers, multi-functional devices, televisions, and air purifiers or de humidifiers.

Verified Carbon Credits result from projects that have been verified for their role in reducing, avoiding or sequestering carbon dioxide emissions or equivalent emissions such as methane gas. All carbon offset projects must meet certain standards and criteria and receive verification from a recognized independent third party.



